

open athletics

# Alexandra Park

## 5k RUN

The race begins  
at 11.30am



**Every first Sunday of the month**

**Email:** [AlexandraPark5k@openathletics.org](mailto:AlexandraPark5k@openathletics.org) **www.openathletics.org**  
**Tel.** 07709000436 **Entry Fees:** £3 affiliated to England Athletics, £5 unattached, £2 concessions (unwaged, senior citizens, under 18s – proof of concession required)  
**Cheques payable to Open Athletics. Send to: 25 Alexandra Av, Manchester M14 7JS**

Name

Address

Phone/ e-mail

Affiliated to England Athletics: Yes No

Club:

Membership Number:

Sex Age on race day

How did you find out about this race series?

I am medically fit and accept that the organizers shall not be liable in the event of loss, damage injury or illness to my person as a result of taking part in the run.

Signature Date

Emergency Contact number:

Signature of parent or guardian if under 18 years of age. Date

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