



Alexandra Park 5k. 1 May 2011 Open Athletics

| Position | Time | No. | Name | Club | Category |
|----------|-------|-----|-------------------|------------------------|----------|
| 1. | 16.48 | 228 | David Howlett | Sale Harriers | M |
| 2. | 17.03 | 240 | Scott Monk | Blackburn | M |
| 3. | 17.10 | 251 | Gary Matthews | East Cheshire Harriers | M50 |
| 4. | 17.37 | 227 | Phil Burns | Stockport Harriers | M |
| 5. | 17.56 | 217 | David Gee | Manchester Harriers | M50 |
| 6. | 18.01 | 245 | Michael Grace | Unattached | M |
| 7. | 18.02 | 212 | Simon Chadwick | Stockport Harriers | M15 |
| 8. | 18.27 | 253 | Zack Hocking | Unattached | M |
| 9. | 18.38 | 239 | Paul Connolly | Salford Mets | M |
| 10. | 19.02 | 242 | Varinder Athwal | Unattached | M |
| 11. | 19.23 | 204 | Francis Day | East Cheshire Harriers | M60 |
| 12. | 19.34 | 243 | Adam Whiteley | Unattached | M |
| 13. | 19.38 | 279 | Stuart Maloney | MFR | M |
| 14. | 19.39 | 230 | Chris Evans | Unattached | M |
| 15. | 19.55 | 231 | John Ward | Bolton Utd Harriers | M60 |
| 16. | 19.57 | 220 | John Parrot | Stockport Harriers | M50 |
| 17. | 20.2 | 262 | Simon Haigh | Unattached | M |
| 18. | 20.31 | 278 | Darren Jackson | MFR | M |
| 19. | 20.41 | 205 | Chris Mullan | Unattached | M |
| 20. | 20.47 | 260 | Ray Townhill | Unattached | M40 |
| 21. | 21.07 | 255 | David Tod | Unattached | M |
| 22. | 21.11 | 206 | Terry Lonergan | Sale Harriers | M60 |
| 23. | 21.35 | 210 | Simon Dykes | Warrington AC | M41 |
| 24. | 21.39 | 215 | Jamie Emerson | Unattached | M |
| 25. | 21.51 | 226 | Mark Stenton | Unattached | M40 |
| 26. | 21.56 | 270 | Martin Toal | Unattached | M |
| 27. | 22.07 | 208 | Phil Buckley | Unattached | M |
| 28. | 22.11 | 233 | Rob Whitham | Unattached | M |
| 29. | 22.12 | 234 | Paul Howarth | Unattached | M |
| 30. | 22.43 | 273 | Geoff Beattie | Sale Harriers | M50 |
| 31. | 22.44 | 261 | Tom Doad | Unattached | M17 |
| 32. | 22.46 | 223 | Sidney Sacks | Salford Harriers | M70 |
| 33. | 23.01 | 202 | Alan Jones | Dee Striders | M40 |
| 34. | 23.08 | 271 | Michael Coleman | Unattached | M |
| 35. | 23.09 | 265 | Nick Roberts | Stockport Harriers | M40 |
| 36. | 23.14 | 250 | Sonia Harris | Manchester Tri Club | F40 |
| 37. | 23.17 | 237 | Fechin McCormick | Sale Harriers | M60 |
| 38. | 24.1 | 207 | Clive Bishop | YMCA | M60 |
| 39. | 24.14 | 219 | Neil Talbot | Unattached | M |
| 40. | 24.17 | 258 | Paddy Farrelly | Salford Mets | M50 |
| 41. | 24.24 | 229 | Jenny Hillebrandt | Unattached | F |
| 42. | 24.26 | 269 | Sarah Hayes | Northern Vets | F50 |
| 43. | 24.44 | 267 | Caroline Item | Unattached | F |
| 44. | 25.16 | 276 | Lize Fridrihsone | Unattached | F |



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| 45. | 25.2 | 218 | Andrea Haigh | Unattached | F |
| 46. | 25.25 | 266 | Helen Roberts | Unattached | F40 |
| 47. | 26.21 | 201 | Peter Edwards | Northern Vets | M70 |
| 48. | 26.31 | 263 | Graham Lawler | East Cheshire Harriers | M60 |
| 49. | 26.34 | 238 | Derek Howarth | Leigh Harriers AC | M80 |
| 50. | 27.04 | 236 | Piotr Bienkowski | Unattached | M50 |
| 51. | 27.06 | 252 | Rachel Humphreys | Unattached | F |
| 52. | 27.27 | 216 | David Melvin | Unattached | M60 |
| 53. | 27.29 | 241 | Michelle Thrussell | Unattached | F |
| 54. | 27.47 | 214 | Diana Kurkul | Unattached | F |
| 55. | 28.51 | 275 | Charlie Reed | Unattached | M17 |
| 56. | 29.04 | 211 | Mark Chadwick | Unattached | M50 |
| 57. | 29.24 | 256 | Phil Johnston | Unattached | M40 |
| 58. | 29.26 | 259 | Alan Thomas | Salford Mets | M60 |
| 59. | 29.29 | 257 | Moira Farrelly | Salford Mets | F50 |
| 60. | 29.37 | 222 | Sarfaraz Sobhani | Unattached | M |
| 61. | 29.43 | 272 | Nicky Hayes | Unattached | M60 |
| 62. | 30.28 | 225 | Geoff Grant | Unattached | M60 |
| 63. | 31.19 | 249 | Ursula Richards Cairns | Unattached | F40 |
| 64. | 31.22 | 268 | Brian Roberts | Belle Vue Racers | M60 |
| 65. | 31.26 | 274 | Jane Durkin | Unattached | F50 |
| 66. | 31.42 | 221 | Zarka Sobhani | Unattached | F |
| 67. | 32.27 | 277 | Jeannette Graham | Unattached | F40 |
| 68. | 32.36 | 264 | Angela Hilton | Unattached | F |
| 69. | 32.43 | 246 | Carmen Jones | Unattached | F50 |
| 70. | 32.44 | 224 | Shirley Grant | Unattached | F |
| 71. | 32.46 | 235 | Sally Hamilton | Unattached | F50 |
| 72. | 36.29 | 254 | Arthur Walsham | Salford Harriers | M80 |
| 73. | 37.06 | 213 | Amy Chadwick | Unattached | F17 |
| 74. | 40.23 | 232 | Jenny Campbell | Unattached | F |
| | 9.25 | 203 | Bethan Nelson | Trafford AC | F U13 |
| | 12.32 | 247 | Molly | Unattached | F U13 |
| | 17.16 | 248 | Jessica | Unattached | F U13 |