



Alexandra Park 5k. 3rd May 2009
Open Athletics

Position	Time	Race no.	Name	Gender	Club
1.	16.19	73	Lee Cook	M	Triclan
2.	16.35	196	Daniel Berdejo	M	Hinaco Monzón
3.	16.44	75	Ian Lewton	M	Liverpool Harriers
4.	16.56	127	James Williams	M	Salford Harriers
5.	16.57	135	Ken Chapman	M	Scottish Vets Harriers
6.	17.19	187	Kevin Brydon	M	Trafford AC
7.	17.21	152	Jon Dance	M	Unattached
8.	17.31	256	Gavin Astin	M	Stockport Harriers
9.	17.39	99	Robert Sloane	M	Unattached
10.	17.48	153	David Sturrock	M	Unattached
11.	18.00	105	Joe Fernheard	M	Unattached
12.	18.29	148	Phil Burns	M	Stockport Harriers
13.	18.38	149	Dominic Howell	M	Clayton Le moors Harriers
14.	18.40	158	Kevin Mahon	M	Sale Harriers
15.	18.49	118	Chris Munro	M	Stubbington Green
16.	18.53	93	Roberto Raso	M	Manchester Frontrunners
17.	19.02	174	Alan Norman	M	Salford Harriers
18.	19.05	185	Ravi Hensman	M	Unattached
19.	19.10	191	Trevor Mong	M	MUCCC
20.	19.25	181	Paul Christie	M	Burnden Road Runners
21.	19.36	260	Matt Bona	M	Blackburn Harriers
22.	19.37	195	Cara Kavanagh	F	Sale Harriers
23.	19.38	84	Gareth Simpson	M	East Cheshire Harriers
24.	19.41	193	John Parrott	M	Stockport Harriers
25.	19.46	245	Ged Martin	M	Unattached
26.	19.50	71	Adam Muir	M	Unattached
27.	19.51	252	Phil Facey	M	Open Athletics
28.	19.52	159	Chris Brierley	M	Unattached
29.	20.03	143	Jono Guildford	M	Manchester Frontrunners

30.	20.19	194	Ben O'Brien	M	Sale Harriers
31.	20.27	122	Andrew Blair	M	Tattenhall Runners
32.	20.31	186	Alan Brydon	M	UCLAN
33.	20.33	166	Rob Greaves	M	Manchester Frontrunners
34.	20.42	238	Andrew Firth	M	Unattached
35.	20.43	106	Piotr Prrzybysz	M	Unattached
36.	20.44	92	Robert Steele	M	Unattached
37.	20.45	154	Lee Marjoram	M	Manchester Front Runners
38.	20.47	144	Trevor Brereton	M	Unattached
39.	20.50	146	David Hall	M	Unattached
40.	20.54	199	Neil Canham	M	Trafford AC
41.	21.06	100	Adam Whitely	M	Unattached
42.	21.08	101	David Darton	M	Manchester Frontrunners
43.	21.09	192	Stephanie Bullock	F	Liverpool Harriers
44.	21.19	257	Paul McErlean	M	Unattached
45.	21.25	147	Luke Higgins	M	Unattached
46.	21.49	142	Barry Chambers	M	Vale Royal AC
47.	21.55	162	Adam Lightfoot	M	Unattached
48.	21.56	173	Rob Warburton	M	Unattached
49.	21.58	86	Geoff Beattie	M	Sale Harriers
50.	22.13	150	Darren Sturrock	M	Unattached
51.	22.14	262	Sotiris Vassiliou	M	Trafford AC
52.	22.28	263	James Goodman	M	Unattached
53.	22.29	198	Chris Cooper	M	Manchester Frontrunners
54.	22.36	128	Matthew Atkinson	M	Unattached
55.	22.46	103	David Ellis	M	Royton Road Runners
56.	22.49	82	George Hartshorn	M	Unattached
57.	22.52	110	Denise Wakefield	F	Northern Vets
58.	22.54	264	Clive Bishop	M	YMCA Harriers
59.	23.06	137	Geraint North	M	YMCA Harriers
60.	23.15	251	Rod martin	M	Unattached
61.	23.16	241	Darren Burns	M	Unattached

62.	23.17	255	Neil Atkinson	M	Unattached
63.	23.19	130	Peter Doherty	M	Northern Vets
64.	23.41	182	Dave Hitchin	M	Burnden Road Runners
65.	24.17	244	Louise Perry Hall	F	Unattached
66.	24.22	97	Celia Birchby	F	Sale Harriers
67.	24.27	112	Alan Stokes	M	Chorlton Runners
68.	24.35	136	Anthony Carman	M	Unattached
69.	24.40	98	Chris Kitching	M	Unattached
70.	24.44	175	Mone-Yang Loh	M	Manchester Frontrunners
71.	24.50	111	Derek Walton	M	Altringham AC
72.	24.54	140	Richard Fordjour	M	Unattached
73.	24.57	254	Malcolm Brown	M	Unattached
74.	24.59	77	Marleen Eijkholt	F	Unattached
75.	25.09	169	James Elwis	M	Unattached
76.	25.23	145	Laura Bryant	F	Unattached
77.	25.26	72	Christopher Kung	M	Unattached
78.	25.27	76	Julian Lockett	M	Belle View Racers
79.	25.30	129	Hannah Crowley	F	Unattached
80.	25.31	74	Emma Lucy	F	Unattached
81.	25.33	189	Alison Hunt	F	Chorlton Runners
82.	25.36	116	Hazel Everard	F	Unattached
83.	25.38	83	Hannah McHugh	F	Unattached
84.	25.46	123	Richard Woods	M	Unattached
85.	25.47	160	Derek Howarth	M	Leigh Harriers
86.	25.49	197	Gemma Morgan	F	Unattached
87.	25.55	261	Kathryn Shuttleworth	F	Unattached
88.	26.03	271	John Durkin	M	Unattached
89.	26.07	248	Gaelle Flower	F	Unattached
90.	26.10	89	Ian Campbell	M	Unattached
91.	26.15	188	Rachel Hunt	F	Chorlton Runners
92.	26.29	94	Tessa Hutton	F	Unattached
93.	26.30	164	Claire Jones	F	Unattached

94.	26.52	163	Anna Warde	F	Unattached
95.	26.53	115	Chris Roach	M	Unattached
96.	26.54	156	Jamie Barry	M	Manchester Front Runners
97.	26.55	259	Ian Chapman	M	Unattached
98.	26.57	124	Olga Yatsenko	F	Unattached
99.	27.07	113	Don George	M	Sale Harriers
100.	27.14	85	Paul David Clarke	M	Unattached
101.	27.23	151	Pamela Golder	F	Sale Harriers
102.	27.43	253	Cen Evans	M	Unattached
103.	27.45	247	Andrew Smith	M	Unattached
104.	27.50	117	Lee Powell	M	Unattached
105.	27.53	141	Liz McGeary	F	Unattached
106.	27.54	165	Cathy Brooks	F	Unattached
107.	28.06	246	Emma Halkyard	F	Unattached
108.	28.10	114	Pamela Roach	F	Unattached
109.	28.26	78	Vangelis Simeonidis	M	Unattached
110.	28.29	104	Catherine Leung	F	Unattached
111.	28.36	132	Peter Marsh	M	Stockport Harriers
112.	28.39	265	Liz Thomas	F	Unattached
113.	28.44	90	Ann Poole	F	Unattached
114.	28.45	184	Mike Harrop	M	Unattached
115.	28.47	91	Fergal Poole	M	Unattached
116.	28.49	170	Lindsay Kyle	F	Unattached
117.	29.00	266	Martyn Cassidy	M	Unattached
118.	29.05	269	Verity Boachie	F	Unattached
119.	29.07	95	Liz Poole	F	Unattached
120.	29.21	267	Candice Carr	F	Unattached
121.	29.31	102	Colin Lea	M	Manchester Frontrunners
122.	29.32	242	Lisa Boxall	F	Unattached
123.	29.45	249	Scott Larkin	M	Unattached
124.	29.54	250	Sarah Mills	F	Unattached
125.	29.57	109	Nerea Asian	F	Unattached

126.	30.00	176	Shelley Greenough	F	Unattached
127.	30.26	119	Sue Jones	F	Unattached
128.	30.32	108	Kimberley Street	F	Unattached
129.	30.37	87	Warren Myers	M	Unattached
130.	30.38	272	Roy Myers	M	Unattached
131.	30.39	183	Gretta Kearney	F	Unattached
132.	30.40	88	Aron Myers	M	Sale Harriers
133.	30.47	125	Jennifer Martin	F	Unattached
134.	30.48	268	Catherine Jackson	F	Unattached
135.	30.53	157	Ruchi Sen	F	Unattached
136.	31.00	168	David Zucker	M	Unattached
137.	31.07	190	Fiona Wood	F	Unattached
138.	31.23	138	Gill Davies	F	Unattached
139.	31.24	139	Mark Parry	M	Unattached
140.	31.54	270	Jane Durkin	F	Unattached
141.	32.02	172	Anna Blake	F	Unattached
142.	32.12	239	Liz Morris	F	Unattached
143.	32.13	240	Ian Morris	M	Unattached
144.	32.14	120	Lucy Ettridge	F	Unattached
145.	32.15	121	Karen Elston	F	Unattached
146.	32.34	179	Carlie Harrington	F	YMCA Harriers
147.	32.35	180	Martyn Deakin	M	Unattached
148.	32.36	107	Martha Simango	F	Unattached
149.	32.51	96	Anna Hutton	F	Unattached
150.	32.52	131	Catherine Doherty	F	Unattached
151.	32.53	161	Arthur Walsham	M	Salford Harriers
152.	33.30	155	Gina Lewis	F	Unattached
153.	33.37	80	Liz Clarke	F	Chorlton Runners
154.	33.57	171	Alison Carmichael	F	Unattached
155.	34.03	81	Jo Somerset	F	Chorlton Runners
156.	35.53	79	Lynn Keenaghan	F	Unattached
157.	36.24	133	Sharon Whelan	F	Unattached



158.	36.37	177	Catherine Cross	F	Unattached
159.	36.38	178	Mark Whitfield	M	Unattached
160.	36.39	167	Joan Ijaz	F	Unattached
		126	Kirsty McGuigan	F	Unattached
	DNF	200	Katherine Reece	F	Unattached
	DNF	134	Krystyna Doroszkiewla	F	Unattached
	DNF	243	Gareth Thomas	M	Unattached