



Alexandra Park 5k. 7 September 2008
Open Athletics

	Race No.	Name surname	Gender	Club	Time
1.	563	Jeff Prest	M	Trafford AC	16.26
2.	682	Paul Rockliffe	M	Trafford AC	17.28
3.	583	Aaaron Deneron	M	Moston Harriers	17.50
4.	654	Paul Schofield	M	Man Tri Club	17.51
5.	581	Daniel McImunn	M	Moston Harriers	18.22
6.	591	John Bowker	M	East Cheshire Harriers	18.25
7.	656	M Merson	M	East Cheshire Harriers	18.27
8.	599	Gareth Woodcock	M	Trafford AC	18.32
9.	663	Rick Smith	M	East Cheshire Harriers	18.38
10.	659	Mike Garside	M	Salford Met	18.39
11.	586	Saul Gallagher	M	East Cheshire Harriers	18.40
12.	658	Gordon Johnson	M	Salford Met	18.41
13.	579	Bev Jenkins	F	Salford Harriers	18.42
14.	671	Matt Hargreaves	M	Unattached	19.43
15.	575	Simon Haigh	M	Unattached	19.48
16.	652	Nick Ohanlon	M	Moston Harriers	19.57
17.	587	Amber Hicks	F	Moston Harriers	20.03
18.	562	James McKay	M	Unattached	20.31
19.	519	Johnathon Guildford	M	Manchester Fronrunners	20.37
20.	655	Gary Coxon	M	East Cheshire Harriers	20.51
21.	595	Adam Whiteley	F	Unattached	20.56
22.	567	Paul Billington	M	Manchester Fronrunners	20.58
23.	670	Brian Manchester	M	Unattached	20.59
24.	648	Jackie Cordingley	F	Sale Harriers	21.05
25.	597	Garath Thomas	M	Student	21.23
26.	598	Ged Martin	M	Unattached	21.27
27.	665	James Lambe	M	Sale Harriers	21.33
28.	588	Sarah Hicks	F	Moston Harriers	21.40
29.	646	Paul Jenkins	M	Unattached	21.41
30.	673	Trevor Brereton	M	Unattached	21.42
31.	678	Martin Toal	M	Manchester Fronrunners	21.46

32.	590	Eileen Pollard	F	Manchester Frontrunners	21.48
33.	669	Phil Buckley	M	Unattached	21.52
34.	578	Tony Guillen	M	Unattached	22.08
35.	584	Lee Marjoram	M	MRF	22.18
36.	580	Greg Keynes	M	Manchester Frontrunners	22.26
37.	647	Beatrice Cordingley	F	Sale Harriers	22.37
38.	649	Vicky Cordingley	F	Sale Harriers	22.45
39.	592	William Shanles	M	Manchester YMCA Harriers	22.53
40.	667	Sotiris Vassiliou	M	Trafford AC	22.59
41.	577	Tim Kennedy	M	Unattached	23.17
42.	662	Alicia Moss	F	Moston Harriers	23.35
43.	681	Zia Billah	M	Unattached	23.51
44.	675	Melany Pentreath	F	Unattached	24.00
45.	653	Aldene Woodward	F	Unattached	24.19
46.	674	Cara Jackson	F	Unattached	24.26
47.	660	Julian Lockett	M	Belle Vue Harriers	24.41
48.	561	Sarah Richards	F	Unattached	25.56
49.	596	Neville Joans	M	Warrington AC	26.00
50.	672	Cath O'Neill	M	Open Athletics	26.05
51.	666	Terry Swann	M	Unattached	26.46
52.	572	Liz Stainsby	F	Unattached	26.54
53.	573	Stefan Stainsby	M	Unattached	26.55
54.	593	Ian Richardson	M	Unattached	26.59
55.	664	Antonio Benitez	M	Unattached	27.16
56.	585	Carol Sealey	F	Unattached	27.31
57.	594	Bev Durn	F	Unattached	29.10
58.	582	Carol Ntanda-Bwamika	F	Unattached	29.21
59.	676	Jane Stirrup	F	Unattached	29.25
60.	677	Nick O'Neill	M	Unattached	29.29
61.	668	Martin Anstee	M	Unattached	30.26
62.	570	Lucy Ettridge	F	Unattached	31.40
63.	571	Karen Elston	F	Unattached	32.35
64.	661	Shane Haworth	F	Unattached	33.21
65.	522	Angela Hilton	F	Manchester Frontrunners	34.44
66.	589	Jolan Sulinski	F	Manchester Frontrunners	35.24



67.	680	Paula Garbett	F	Unattached	36.46
68.	679	Pat Livesley	F	Unattached	37.24
69.	657	Joan Ijaz	F	Unattached	43.19
70.	576	Giuseppe Mascia	M	Open Athletics	DNF